# Woman's Page GERMANY TO RESPECT NEUTRALITY OF WAShington, D. C. Aug.

Dark Blue Still Uniform in Paris-Ordinary Sash Tied in Front Instead of Back-Wrinkled Basques Still Very Good-Sugared Plums a Winter Treat-How to Preserve Plums—Pickled Plums— Canned Plums.

STYLES FROM PARIS.

the nearby places where smart women congregate. It may be of blue serge or satin—for the Frenchwoman likes satin better than does the Amer-

The other day at luncheon, Mrs. Herrick, the wife of the American ambassador, wore a remarkably good looking gown of blue satin at the Ritz. there was a large, loose sailor blouse sugar. summer, and the neck and wrists dry. were finished off with white mus-

With this gown she wore a broadtrimming

The model that we saw so much bring it to the boiling point and can of In America during May and June is still in favor over here. Everyone will say how old it is, but the ma-

el, is no longer tied in the back, but in the front. This, also, is a direct change from the spring method of

It is far more Oriental than Victorian, which shows how the women

The sash of the hour is extra wide dust out.

sultry days is

in front with one end knotted over Paris, Aug. 17-Dark blue is still the other and the fringe or tassel

When the gown is of blue serge the sash is of satin, but usually, if the wearer is a French woman, the gown is of satin

SUGAR AND OTHER PLUMS.

Sugared plums are a winter treat looking gown of blue satin at the Ritz, either as sweetmeats or to stew for The fabric was very soft and supple, luncheon. To make them, select large the skirt was pleated in a sort of plums and cut them in two. Stone tunic that fell half way to the knees, them and dredge them in powdered Lay them on shallow dishes with set-in sleeves, which are much in a moderate oven for half an hour smarter than the kimono variety this and then lay on sheets of glass to Pack and keep in a dry place

Canned plums should be well wash The collar was a large affair of ed before canning. Then they embroidered muslin finished with a should be picked in three or four plamoderate sized hem, running down ces so that they will keep their shape to a slight V in front. The cuffs and not burst when they are cooked were fully five inches wide and flared The needle should be big, and boiled well up on her arm over the tight to sterilize it. For green gages, sleeves of blue satin. There was a which are source than other plums. which are sourer than other plums, wrapped girdle that was finished with allow three-quarters of a pound of a slight bow below the hips at the sugar to a pound of fruit and for other plums allow half as much sugar as fruit. Place the fruit and sugar in brimmed black sailor hat without layers in a preserving kettle and let it stand over night. In the morning

> Damson and green gage jam u made with equal parts of damsons and green gages, and with an allow

For pickled plums put layers of WEATHER FORECAST clean, young, green plums alternately with layers of salt in an earthenware fruit, drain well, and dry in the sun, themselves have clung to their favor- turning often for three days. Put bureau. a net over it to keep insects and above the normal were predicted for To each quart of vinegar the northern and central portions of and is wrapped about the body, well needed add a tablespoonful of sugar the country, below the waistline, after the manner and an ounce each of white ginger preferred by a dancing girl of the allspice, cloves and whole peppers east. Passing the hips, it drops down and a shallot. Simmer for ten min

utes, strain, cool and pour over the

NEUTRALITY OF SHIPS Washington, D. C., Aug. 16.—Ger-nany has informed the United States through Embassador Gerard, that she will respect the neutrality of foreign ships which will convoy American refugees from Europe.

The German government went a step further by suggesting that this government send one of the Hamburg-American liners from New York un der the American flag and the American officers to pick up refugees at German ports.

Secretary Garrison accepted the offer and asked that additional Hamthe uniform in Paris as well as at all which finishes it, swings out from burg-American lines be permitted to ing governments were asked a few days ago whether they would respect ships in transit carrying American refugees. While formal replies have not been received, it is understood that no objection will be made by England and France.

PROBLEM SOLVED BY STATE DEPARTMENT Washington, D. C., Aug. 6 .- Secretary Bryan said tonight after receiving several cablegrams from Embas

sador Page at London: "The transportation between this that every American may in a few weeks go home on the ordinary lines The problem is therefore solved." Secretary Bryan's statement is un-

derstood not to mean that some Amer icans will have to walt a few weeks, but that many will be able to leave almost immediately and that within a few weeks all will be able to get

### Acid Stomachs Are **Dangerous**

Common Sense Advice by a Distin-

will say how old it is, but the majority of people go on wearing it. It is a combination of the two models brought out by Premet and Cheruit early in the spring season.

Just who combined the two, the history of fashion does not repeat, but the majority of dressmakers follow the new model. It has the narrow skirt with the long tunic that is tight fitting at the hips and a wrinkled basque cut somewhere after the manner of culrass of Dagobert. At the end of this basque is a wide sash, if one likes sashes, if one does not, then the basque has a turned up hem like a Jersey. The latter effect is newer and very much favored by the majority of women.

The ordinary sash which was an integral part of the first Premet model, is no longer tied in the back, but is the forcet.

This also is a digest.

The selection of the two models and green gages, and with an allow, and inflames the delicate lining of the stomach the stomach are dangerous because and instead the fruit and add the sugar and just enough water to dissover the fruit and add the sugar and just enough water to dissover the fruit sand and green gages, and with an allow, and inflames the delicate lining and inflames and incid irrites and inflames and inflames and incid irrites and infla

FOR PRESENT WEEK Washington, Aug. 16 .- A week of After four days remove the local showers, except in the far west. was forecast tonight by the weather Temperatures somewhat

August 13, and received in the London office of the International News Service, contain cheerful, patriotic and confident editorials, but no def-

The news paragraphs about the war are confined to brief official bulle tins telling nothing explicit. Fre quently they deny false rumors of German defeats. The taking of Liege is magnified in the official bulleting and editorials. Nothing is said about the ring of forts around Liege still being held by the Belgians. All the editorials show that the Germans think they are fighting for their very life and national honor, exactly as their opponents do.

The Cologne Gazette of August 13,

commenting on the last diplomatic interchange between Germany and England before war was declared

"Every German will feel that the imperial chancellor went the extreme imit that Germany's honor allowed. There is no doubt that if we are beaten in the war France would demand Alsace-Lorraine-in other words the acquisition of a large section of German territory. The chancellor, however, bound himself to leave untouched the territory of France exmanded that Germany should separate herself from Austria and permit Russia to mobilize her armies and destroy Austria, thereby preparing the way for Germany's humiliation if not her destruction."

WILL NOT GIVE OUT EARLY BULLETINS

Paris, Aug. 16.-Le Matin says: "The French government will not give out early bulletins of the great battle, but will wait for definite and tangible results. It may be a week

"This must be so from the nature of things. The battle line is so long that victory or repulse at one point may be offset by the opposite at others To report the various sporadic engagements would be misleading and disturbing to the entire public. The last news from the theater of

operations has been issued. For the next few days all will be silent in Paris, while Belgium once again becomes the cockpit of Europe. "The preliminary engagements of the first great battle are doubtless

now in progress." REDMOND PREDICTS

Dublin, Aug. 16, 8:37 a. m.—John Redmond, the Irish-Nationalist leader, in a speech today while presenting colors to the Maryborouge corps of Irish volunteers, referred to the enthusiasm which had been aroused all over Ireland by his statement in the British parliament that Irishmen of the north and the south, whether Protestant or Catholic, were prepared to fight shoulder to shoulder to defend the Irish shores against a foreign foe and to preserve order.

"I have in my possession and will

You Must Drink

Water Whether You are Well or Ill

Sparkling Mineral Water



From Earth-Depths Wyoming

Is invaluable in disorders of the Stomach, Liver, Kidneys, Bladder, Skin, Etc. Rheumatism, Sciatica, Arthritis, Constipation, Jaundice, Diabetes, Bright's Disease, Dropsy, Cystitis, Eczema, and a host of other ills.

A well-known, successful physician says: "It not only benefits the sick, but helps to preserve the health of all who drink it." This is a strong hint

to You. Aquatone is endorsed, recommended and used successfully by physicians in their practice. Has cured many acute and chronic cases given up as hopeless. Write today for the evidence, which is free for the asking

PAULSON MEDICINAL WELL CO. SARATOGA, WYOMING

shortly be able to present to the in Falmouth, England to pay Irish volunteers several thousand ri- money for which orders have been

"I have information that the British government which has publicly RUSSIA'S PROMISE declared its intention of entrusting the defense of Ireland to the Irish volunteers is about to arm, equip and drill large numbers of them, and i country and Great Britain is now such believe the day is near when every Irishman volunteer will have a rifle in his possession."

INER LORRAINE REACHES

HAVRE, ESCAPING WARSHIP Paris, Aug. 16.—The French liner Lorraine reached Havre today after an exciting voyage from New York, during which it narrowly escaped capture by German cruisers in the Atlantic ship lanes. On board were 450 French reservists who were ac-corded an enthusiastic reception During the voyage La Lorraine first

encountered the German cruiser, Dresden Eluding her, she succeeded later in intercepting wireless messages passing between the German crulsers Strassburg and Karlsruhe, which were waiting for her, but she managed to escape both by the help of the fog.

LONGEST CABLE MESSAGE

just been cleared to England by the closely typewritten pages and consisted of the names and descriptions of Americans abroad for whom money has been deposited with the state and treasury departments as well as the amount each is to receive. About \$2,000,000 has been deposited with the government for transfer to and relatives of Americans

The cruiser Tennessee, carrying about \$8,000,000 in gold, has arrived

Skin Without Wrinkles Now Easy to Have

that never gives a headache.



### ABSOLUTELY PURE Don't take a substitute

Try H. & K. Coffee and taste the real coffee and you will never want any other brand.

For sale by all live grocers in Ogden by

O. Farnlund, 2168 Lincoln Avo.
Domestic Science Bakery, 2268 Grant.
Tribe & Jones, 2216 Wash, Ave.
Mrs. A. T. Hestmark, 475 22nd St.
Pickett Grocery, 2340 Wash. Ave.
J. S. Carvor & Sons. 2354 Wash. Ave.
C. R. Shearer, 445 27th St.
W. E. Hart, 1500 Wash. Ave.
Jos. Bingham, 2857 Grant Ave.
Jos. Bingham, 2857 Grant Ave.
Peterson Bros., Huntsville,
Wilcox Grocery, 2462 Wash. Ave.
Marshall Grocery, North Ogden,
Boyle Grocery, 540 28th St.
Wilson Bros., 23th and Wall Ave.
A. P. Christensen, 3154 Pacific Ave.
A. P. Christensen, 3154 Pacific Ave.
R. Marra, 2756 Wash. Ave.
P. A. Garner, 620 24th St.
Tom Kardames, Cor. 24th and Jeff.
Will. Wenver, 3254 Wash. Ave.
Mrs. L. M. Barnes, 227 21st St.
F. J. Ross, Cor. 22nd and Grant Ave.

S. CAMPBELL & CO. WHOLESALE GROCERS, OGDEN, UTAH, DISTRIBUTORS.

cabled by the state department.

Paris, Aug, 16, 5:20 p. m.-Madame of Pierre Curie, the French scientist, awarded to the lowest responsible who is a born Pole and whose maiden bidder. Instructions to bidders, plans with the Russian proclamation promising autonomy to Poland, says

This seems to me to be the first important step toward the unity of Poland and reconciliation with Russia This is necessary for the development of Polish national culture "Russia, as the protector of the

Slav peoples, is undertaking a war to defend Servia and cannot give less to united Poland than Austrian Poland now receives. "In our time, when national feel-

ing is so intense, it is certain that lasting peace between the Polish people, numbering 23,000,000, and Russia can only come upon the basis of respect for nationality. "Germany has done more to de-

stroy national sentiment than she has done in a similar way in Alsace-

Professor Babinski, a member of SENT BY U. S. TO ENGLAND the French Academy of Medicine, for said work and will be received at Washington, D. C., Aug. 16.-The said the Poles suffered greater opongest cable message ever sent in pression in Germany than elsewhere the history of the cable service has and that the union of the three divisions of that people in Russia, Gerstate department. It was about fifty many and Austria would prove a ver itable resurrection.

#### CASTORIA For Infants and Children

In Use For Over 30 Years Always bears Signature of Chat H. Hutcher,

NOTICE OF DELINQUENCY.

Pursuant to Section 278 of the Compiled Laws of Utah, 1907, and the authority vested in me by said section, the undersigned Wallace Foulger The said tax is payable in 5 install-

The first installment becomes deinquent September 5th, 1914. The second installment becomes de-

inquent July 17th, 1915. The third installment becomes de inguent July 17th, 1916. The fourth installment becomes de

inquent July 17th, 1917. The fifth installment becomes delinquent July 17th, 1918.

Each of said installments, except

the first, shall draw interest at the rate of six per cent per annum, from the date of the levy as aforesaid, and if any or either of said installments shall be unpaid when they become de-linquent, interest thereon shall be eight per cent per annum, until such delinquent assessments are fully paid. Said tax shall be enforced and collected as in any other case of special tax and if not paid the property on which said levy is made will be ad-vertised and sold according to law. This special tax is navable at my of-tice at the City Hall. Ogden City, WALLACE FOULGER,

City Treasurer, Ogden City, Utah. By C. T. Koons, Deputy. Published Aug. 12, 1914.

NOTICE OF DELINQUENCY.

Pursuant to Section 278 of the Com-piled Laws of Utah, 1907, and the authority vested in me by said section, I, the undersigned Wallace Foulger, Treasurer of Ogden City, Weber County, Utah, hereby give public notice that a special tax amounting to \$1,572.12 dollars has been levied for Sidewalk District No. 124 for the purpose of constructing Concrete Side-walks in said district by an ordinance duly passed by the City Commissioners of Ogden City, Utah, and approved by the Mayor of said City and published on July 28th, 1914, said taxes being levied on all of the abutting property on the following streets comprising said Sidewalk District No. 124: All that part of Hudson Ave on both sides between 23rd and 24th streets.

The said tax is payable in 5 installments: The first installment becomes delinguent September 16th, 1914.

The second installment becomes delinquent July 28th, 1915.

The third installment becomes delinquent July 28th, 1916. The fourth installment becomes de-

Inquent July 28th, 1917. The fifth installment becomes deinquent July 28th, 1918, Each of said installments, except the first, shall draw interest at the rate of six per cent per annum, from

CHICHESTER'S PILLS

the date of the levy as aforesaid, and if not paid the property on if any or either of said installments shall be unpaid when they become the unpaid when they become the control of the c delinquent, interest thereon shall be eight per cent per annum, until such delinquent assessments are fully paid. Said tax shall be enforced and collected as in any other case of special tax and if not paid the property on which said levy is made will be ad-vertised and sold according to law. This special tax is payably at my of fice at the City Hall, Ogden, City, Utah WALLACE FOULGER,

City Treasurer, Ogden City, Utah. By C. T. Koons, Deputy. Published Aug. 12, 1914.

NOTICE TO CONTRACTORS. NOTICE IS HEREBY GIVEN that Ogden City proposes to make the following public improvements, to-wit: Build concrete curbs and gutters in Curb and Gutter District No. 114, being on both sides of Washington Avenue between Twelfth and Second Streets, together with all intersections and the necessary grading therefor. And sealed bids are invited for said work and will be received at the of-fice of the City Recorder in the City hall at Ogden, Utah, until 10 o'clock a. m., on the 8th day of September, 1914, at which time said bids will be PLEASING TO POLES opened and considered by the Board Commissioners, and contrac-

name was Sklodowska, interviewed and specifications for said improve by the Temps today in connection ments can be seen and examined at the office of the City Engineer in the City Hall of said city. The right is reserved to reject any and all bids and to waive any defects.

By order of the Board of Commissioners of Ogden City, Utah, this, the 11th day of August, 1914. FLORENCE O. STANFORD, City Recorder

First publication, August 11, 1914 Last publication, September 2, 1914.

NOTICE TO CONTRACTORS. NOTICE IS HEREBY GIVEN that Ogden City proposes to make the following public improvements, to-wit: Build concrete curbs and gutters in Curb and Gutter District No. 115, being on both sides of Twenty-fourth Street between Van Buren and Harrison Avenues, together with all intersections and the necessary grading therefor. And sealed bids are invited the office of the City Recorder in the City Hall at Ogden, Utah, until 10 o'clock a. m., on the 8th day of September, 1914, at which time said bids will be opened and considered by the Board of Commissioners, and contract warded to the lowest responsible bid-Instructions to bidders, plans and specifications for said improve-ments can be seen and examined at the office of the City Engineer in the

City Hall of sald city. The right is reserved to reject any and all bids and to waive any defects. By order of the Board of Commissioners of Ogden City, Utah, this, the 11th day of August, 1914. FLORENCE O. STANFORD.

City Recorder First publication, August 11, 1914 Last publication, September 2, 1914

the northern and central portions of the country.

"There will be thunder showers and central areas east of the Rocky mountains during the first half of the week," said the bulletin, "and locally and occasionally during the second half.

"In the south Atlantic and Guif states local thunder showers will continue with seasonable temperatures, while in the extreme west generally fair weather will prevail."

"GERMAN PAPER CHERFUL, BUT ARE WITHOUT NEWS London, Aug. 16.—German newspapers of dates up to last Thursday, August 13, and received in the Lon
"In the country.

"There's no excuse for any woman have the showers will that been found that a special tax amounting to the condition of the earth of the week," said the bulletin, "and locally and occasionally during the second half.

"In the south Atlantic and Guif states local thunder showers will continue with seasonable temperatures, while and a tonic. The combined effect with the extreme west generally fair weather will prevail."

GERMAN PAPERS CHERFUL, BUT ARE WITHOUT NEWS London, Aug. 16.—German newspapers of dates up to last Thursday, August 13, and received in the Lon
There's no excuse for any woman haveness and the spend found that the and winkles now, it has been found that the continue of the condition of the condition of the cases of constructing concrete side walks in said district by an ordinance walks in said district by an ordinance of tightening the skin and heightening its winkles, keeping the cuttled by the Mayor of said City and published on July 17th, 1914, said taxes being levied on all of the abutting property on the following Streets south of the south line of 25th street.

The said tay is nearly section. The company to prove the condition of the country. Treasurer of Ogden City, Weber County, Utah, hereby give public notice that a special tax amounting to \$832.98 dollars has been levied for the purpose of constructing concrete side walks in said district by an ordinance of tight and published on July 17th, 1914, said taxes being levied on NOTICE OF DELINQUENCY. published on July 28th, 1914, sald night in new K. of P. All that part of Van Buren Ave. on the east side between 26th and 27th

atreets. The said tax is payable in 5 install-

The first installment becomes linguent September 16th, 1914.
The second installment becomes delinquent July 28th, 1915,

The third installment becomes delinquent July 28th, 1916. The fourth installment becomes de linquent July 28th, 1917.

The fifth installment becomes de linquent July 28th, 1918. Each of said installments, except the first, shall draw interest at the rate of six per cent per annum, from the date of the levy as aforesaid, and if any or either of said installments shall be unpaid when they become deinquent, interest thereon shall be eight per cent per annum, until such delinquent assessments are fully paid Said tax shall be enforced and collected as in any other case of special tax and if not paid the property on which said levy is made will be advertised and sold according to law This special tax is payable at my office at the City Hall, Ogden City,

WALLACE FOULGER, City Treasurer, Ogden City, Utah.

By C. T. Koons, Deputy. Published Aug. 12, 1914.

NOTICE OF DELINQUENCY. Pursuant to Section 278 of the Com-iled Laws of Utah, 1907, and the authority vested in me by tion, I, the undersigned Wallace Foulger, Treasurer of Ogden City, Weber County, Utah, hereby give public notice that a special tax amounting to \$2,518.90 dollars has been levied for Curb and Gutter District No. 112 for the purpose of constructing concrete curbs and gutters in said district by an ordinance duly passed by the City Commissioners of Ogden City, Utah, and approved by the Mayor of said City and published on July 28th, 1914 said taxes being levied on all of the abutting property on the following streets comprising said Curb and Gutter District No. 112: All that part of Van Buren Ave, on both sides, be-tween 26th and 27th streets.

The said tax is payable in 5 installments: The first installment becomes de

linquent September 16th, 1914. The second installment becomes de linquent July 28th, 1915. The third installment becomes de-

inquent July 28th, 1916. The fourth installment becomes de linquent July 28th, 1917. The fifth installment becomes de-

linquent July 28th, 1918. Each of said installments, except the first, shall draw interest at the rate of six per cent per annum from the date of the levy as aforesaid, and if any or either of said installments shall be unpaid when they become delinquent, interest thereon shall be Take no other. Bay of year tense eight per cent per annum, until such delinquent assessments are fully pald. Said tax shall be enforced and collected as in any other case of special

This special tax is payable at my office at the City Hall, Ogden City. WALLACE FOULGER. Utah. City Treasurer, Ogden City, Utah.

By C. T. Koons, Deputy. Published Aug. 12, 1914.

#### FRATERNAL **SOCIETIES**

Brotherhoud of American Yeomen, Ogden Homestead No. 1505 meets on every Tuesday evening in W. O. W. hall, Fraternity building, Washington avenue. Visiting Archers are cordial. ly invited to meet with us. LeRoy McKnight, foreman, 334 29th strest J. A. Junk, Correspondent, 3202 Wash ington avenue.

Queen City Rebekah Lodge No. 4, O. O. F., meets second and fourth Saturday evenings at Odd Fellows hall. Visiting members invited Au-nie Carlson, N. G., Hazel Wolhaupter Recording Secretary.

Order of Owls, Ogden Nest, No. 1218, Order of Owls, meets every Friday evening in their own hall (the old Elk club rooms) at 8 o'clock ing Brother Owls are invited to attend the next meetings. T. C. Iver son President; G. C. Reberg, Secre-

Women of Woodcraft Sego Lily Cir-cle No. 174 meets every second and fourth Thursday nights at 8 o'clock in I. O. O. F. hall; visiting neighbors cordially invited. Frances Coppock. 857 27th St. Kate Heyman, Clerk, 232 23d.

Fraternal Order of Eagles, Ogden Acrie No. 118, F. O. E., meets every Wednesday evening at Eagles' hall Hudson avenue, at 8 o'clock. Visiting brother Eagles are invited to attend the aerle meetings. Club rooms open at 11 a. m. Wm. Doyle, W. President, R. Geiger, Secretary; Dr. C. E. Wardleigh, Aerlo Physician.

4, O. E. S., regular meetings held at Masonic hall on Washington ave, between 25th and 26th sts, the first and third Fridays of each month. So journing members cordially invited to attend. Minnie Parker, W. M.; Callie E. Cave, Secretary. Woodmen of the World, Weber

camp No. 74, meets in the W. O. W.

hall, Fraternity block, 2320 Washing-

ton avenue, every Thursday evening at 8 o'clock. Visiting Woodmen cordially invited to attend. C. H. Hartog, C. C.; W. M. Piggott, Clerk, Ladies of the Maccabees of the World, Silver Hive No. 1, meets every first and third Friday evening at \$ o'clock; and every second and fouth Friday afternoons at 2:30 o'clock, in

Woodmen hall, Fraternity block, Vis-iting members cordially invited to a

Alice Collins, L. C.; L. Jennie Prout. R. K. Royal Neighbors of America meets every second and fourth Monda nights of each month at 8 o'clock at the new Odd Fellows hall, Fraternity building. Visiting neighbors invited. Etta Ingebretsen, 1978 Steel avenue Lillian Newton, Recorder, 27th and

Utah Camp No. 9990 Modern Wood north of postoffice. Out of town mem-bers cordially invited to meet with O. F. Olsen, Consul, J. H. Shafer,

Ogden Lodge, No. 2, Knights of Pythias, meets every Monday evening at 8 o'clock in Castle hall of the Pyhian building, 2351 Grant avenue. Visiting Knights welcome. A. E. Pratt, C. C.; W. L. Underwood, K. R. S.; W. G. Kind, M. F.

Royal Highlanders, Orden Castle No. 525 meets in the new I. O. O. F. hall, Fraternity block, 2320 Wash. ave., every 2nd and 4th Friday evening at o'clock. Visiting Highlanders cordially invited. A. F. Wykes, I. P. William Muller, Sec.-Treas.

Women of Woodcraft, Ogden Circle

No. 581, meets every Wednesday night

at 7:30 o'clock, new Woodman Hall.

Fraternity Bldg., Wash. Ave. Visiting

Neighbors invited. Dues can be paid

to McBride Drug Co., 2466 Washington Ave. Anna Mills, G. N., 223 W, 31st Street. Phone 1650-R. Marie Crites, Clerk, 2731 Monroe. Phone 1931-R. Dumore Vacuum Cleaners We Rent Them as well as Sell Them.
OGDEN ELECTRIC SUPPLY

COMPANY.

2448 Washington Avenue. Phone 693.

For DE LUXE ICE CREAM CALL PHONE 2359 **GERDING & WILLIAMS** 

SLADE TRANSFER Phone 321

Office 408 25th St.

**FANS REPAIRED** 

Motors Re-wound. Work Guaranteed.

Electric Service Co. Phone 88. 425 24th St.

## COMMERCIAL NATIONAL BANK DEDEN, UTAH

Safety in Summer

Safety in Summer comes from a wise

selection of easily digested foods which

supply the maximum of nutriment with

the least tax upon the digestive organs.

Food follies in Summer lower vitality and

decrease efficiency. The ideal diet for the

SHREDDED WHEAT

with fresh fruit and green vegetables, a

combination that is cooling and satisfying,

supplying all the strength needed for work

or play. The world's universal, staple

Always heat the Biscuit in oven to restore crispness; then pour over it milk or cream, adding salt or sugar to suit the taste. Deliciously nourishing for any meal in combination with berries or other fruits of any kind. Try toasted Triscuit, the Shredded Wheat Wafer, for lunchesn with butter, cheese or marmalades.

Made only by

The Shredded Wheat Company, Niagara Falls, N. Y.

breakfast cereal. Ask your grocer.

## **IMPENETRABLE**

both Fire and Burglar Proof. You can rent a Safe Deposit Box here for the reasonable charge of

\$2.00 and up per year

Neither fire nor burglars can reach your valuables when they are in our Vault, because it is